


# Resources *for* Living®



Help is a  
call away

If you're like most people, you try to do it all so you can have it all. But what if it didn't have to be that way?

You and your household members can find help to make your life easier. With one phone call, you can find free support with all of life's issues.

## **Worklife services**

Your life is busy. Call us and we can save you time and energy. If you're looking for an extra hand, we'll help. We can do the legwork as you search for everyday needs like:

- Child and elder care
- Household services
- Schools and college
- Pet care and more

Or go online to your worklife website and find monthly webinars, articles, assessments and tools on a variety of wellness topics.

Make one call and find countless resources. Call us today!

**City of Punta Gorda**

**1-800-272-3626 / [www.mylifevalues.com](http://www.mylifevalues.com)**

**Username: PRM / Password: 8002723626**

**The EAP is administered by Resources For Living, LLC.**

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## **Legal and financial**

You can call us for legal and financial help, too. You get a free 30 minute consultation with one of our experts.\* You can find help with most matters including:

- Estate planning
- Credit repair
- Debt management
- Tax planning and more

## **Free and private counseling**

You can access private, short-term counseling anytime you need it. We often help members with:

- Relationship issues
- Stress management
- Depression and anxiety
- Worklife balance and more